

Basic Team Info for New Players:

Shoe Suggestions:

1. [Asics](#)
2. [Asics 2](#)

Sock Suggestions: (All great socks, but listed in order of price. Any of them would be fine, but they should be white colored only for the tournaments)

1. [Asics](#)
2. [Mizuno](#)
3. [3rd Choice](#)

Kneepad Suggestions: Mizuno & Asics are the best- Nike should never be worn! There is not enough padding and can actually displace a kneecap)

1. [Choice 1](#)
2. [Asics](#)

What Not to Buy!!!:

https://www.amazon.com/Protective-Sponge-Anti-slip-Collision-Avoidance/dp/B01L379FPE/ref=sr_1_11?s=sporting-goods&ie=UTF8&qid=1499305231&sr=1-11&keywords=volleyball+knee+pads